



Masters Team Audition Skills

Juvenile Moves in the Field Preferred

A. Skating Skills Needed

- a. Soft skating knees
- b. Great posture (low knees, shoulders down, head up)
- c. Strong, secure edges
- d. Ability to create speed with a minimum of crossovers
- e. Tango and one foot stops

B. Turns Needed (all done on both Right and Left feet)

- a. Double 3 turns (Forward & Backward, Outside & Inside)
- b. Power 3 Turns (Forward & Backward)
- c. Brackets (Forward & Backward, Outside & Inside)
- d. Counters (Forward & Backward, Outside & Inside)
- e. Rockers (Forward & Backward, Outside & Inside)

C. Steps Needed (all done on both Right and Left feet)

- a. Strong backward power pulls
- b. Twizzles (Forward & Backward, Outside & Inside)
- c. Choctaws (Forward & Backward)
- d. Back Inside Loops

D. Field Moves Needed

- a. Forward Change of Edge Spiral (outside to inside to outside)
- b. Back Lunge
- c. Outside Spread Eagles
- d. Ina Bauers

E. Freestyle Elements Needed

- a. Camel, sit, back scratch spin
- b. Flying Camel
- c. Laybacks
- d. Flying camels

All elements will be introduced and demonstrated in the manner we would like to see them done at the Open Houses.